

Tuesday 31st March 2020

Dear Parent

Good afternoon. I hope the start of week two has gone well so far. You all continue to be in our thoughts each day as we work through this situation.

As well as this letter for parents, there is also a letter for the children attached to the email. I would be most grateful if you help your child or children access it. Thank you.

Below is a short summary of the key latest guidance;



The screenshot shows the GOV.UK website with a green header. Below the header is a link for 'Home'. The main heading is 'Coronavirus (COVID-19): what you need to do'. Under this, there is a section titled 'Stay at home' followed by a bulleted list of three points: 'Only go outside for food, health reasons or work (but only if you cannot work from home)', 'Stay 2 metres (6ft) away from other people', and 'Wash your hands as soon as you get home'. Below the list, it states 'You can spread the virus even if you don't have symptoms.' and provides a link for 'Staying at home and away from others (social distancing)'. At the bottom, there are three logos: 'STAY AT HOME' with a door icon, 'PROTECT THE NHS' with a cross icon, and 'save lives' with a heart icon.

GOV.UK

[Home](#)

Coronavirus (COVID-19): what you need to do

Stay at home

- Only go outside for food, health reasons or work (but only if you cannot work from home)
- Stay 2 metres (6ft) away from other people
- Wash your hands as soon as you get home

You can spread the virus even if you don't have symptoms.

[Staying at home and away from others \(social distancing\)](#)

STAY AT HOME  **PROTECT THE NHS**  **save lives** 



**Do not leave home if
you or someone you
live with has either:**

- a high temperature
- a new, continuous cough

**[Check the NHS website if
you have symptoms](#)**

Click on this link for -

[Full guidance on staying at home and away from others](#)

Stay @ Home

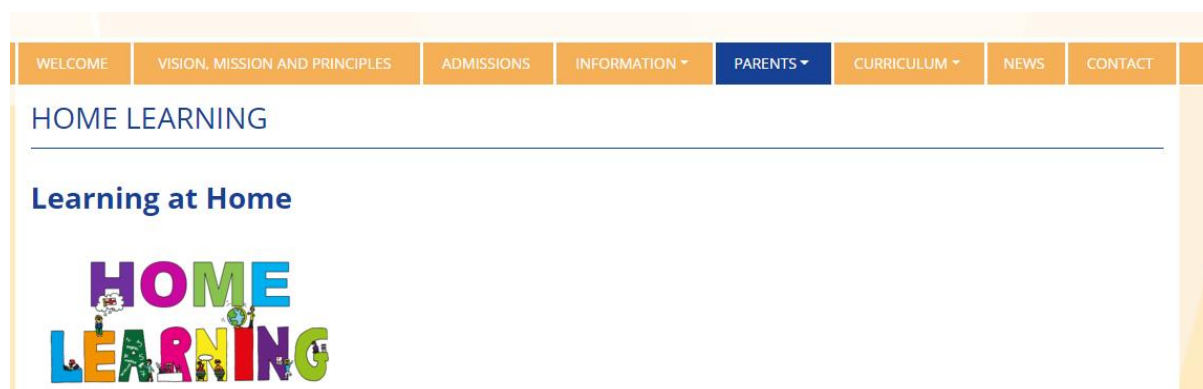
We can all play a vital role in supporting our amazing NHS staff at this time simply by staying at home.



Supporting Children & their learning at home

If you have not yet had chance to look at the information on our website please do by visiting;

<http://follifootandspofforth.co.uk/home-learning/>



Education as we know it has paused for now. It is not possible to recreate a primary school experience away from the school setting. We hope our daily contact of ideas and suggestions are helping children to be happy and productively engaged.

We have enjoyed seeing examples of children using this time at home to explore their passions and interests. We fully support this and again offer our reassurance that there is value in all forms of learning. If some or all of the school suggestions and ideas remain unused this is not a problem or concern.

We continue to do our best to send ideas and suggestions the night before and overall this is working well. Please remember staff are also still working in school and caring for family dependents. If we are occasionally a little late we apologise and thank you for your understanding.

Decorated Egg Competition

Some families have asked for a little 'eggtra' time to finish their designs and models. We are happy to help with this. We will happily accept 'eggtries' until 5.00pm on Friday 3rd April. This will still allow for time to judge these and do our best to circulate prized ahead of Easter Sunday. Please email eggtries to either admin@spofforth.n-yorks.sch.uk. Or admin@follifoot.n-yorks.sch.uk

Keeping Active



We enjoy working closely with Harrogate School Sports Partnership. They have kindly sent some links and ideas to help everyone keep active while learning at home.

Real Play / PE weekly plan for physical activity for both KS1 and KS2

Link to the website page: <https://www.harrogatesp.com/real-play-planners/>

Home Mindfulness and Keeping Active support - this page give parents different ideas to keep their children active

Link to the website page: <https://www.harrogatessp.com/keeping-all-young-people-active/>

Home Personal Best Challenge - This page is offering a new daily Personal Best Challenge for both KS 1 pupils and KS 2 pupils (Starts 1st April)

Link to the website page: <https://www.harrogatessp.com/home-personal-best-challenge/>

Physical Activity adapted well know games with the family - Snakes and Ladders is the next game that will be uploaded by the end of the week

Link to the website page: <https://www.harrogatessp.com/physical-activity-games-with-the-family/>

Safeguarding

While schools are closed to the majority of children our duty of care including safeguarding responsibilities continue. To reflect the consideration given to how we will continue to meet these duties we have added an addendum to our safeguarding policy. This addendum can be found in the policies section of our website - <http://follifootandspofforth.co.uk/policies/>

Please click on the following policies:

[Absence letter from NYCC](#)

[Acceptable use of ICT-Agreement](#)

[Admissions-Policy](#)

[Anti-Bullying Policy 2019 PDF](#)

[Arrangements for the Start-End-of-Day-Policy-FF](#)

[Attendance-Policy-Federation-2019](#)

[Behaviour-Policy-2019-2020-PDF](#)

[Budget-Management-Policy-Federation](#)

[Charging-Remissions-Policy-Federation](#)

[Child Protection Policy Federation 2019-2020 PDF \(1\)](#)

[Collective Worship Policy Federation](#)

[Complaints-Policy](#)

[COVID19 Federation Safeguarding Policy Addendum](#)

Early Help Team

The North Yorkshire Early help team can provide a range of support to children and families from help with sleep, healthy eating and emotional health as just a few examples. Families can self-refer or can ask school to help with this process. They continue their work during this school closure period. More information can be found at -

<https://www.northyorks.gov.uk/support-children-young-people-and-their-families>

North Yorkshire County Council

Search our website

[Do it online](#) [My account](#)

[Home](#) / [About the council](#) / [Strategies, plans and policies](#)

Support for children, young people and their families

We offer a range of universal, targeted and specialist services and support.

This is provided by local authority services and partner agencies, as well as a wide range of provision from the community and voluntary sector.

For many families the early help offer will start with them accessing information online. For children's services provided by the county council the starting point is the [education and learning](#) section.

The following section summarises our local early help offer (organised alphabetically), but it must be noted that this is not an exclusive list, nor does it describe in detail how different services work across a number of different themes.

The early help team have asked us to draw attention to support in relation to domestic violence. While we recognise this is an upsetting topic it has been highlighted as a significant national issue at this time.

LAUNCHING NEW LIVE CHAT SESSIONS #COVID19UK

Concerned about domestic abuse during the pandemic?
 Professionals Live Chat
 10 am - 12 noon Monday to Friday

www.idas.org.uk

IDAS

EXTENDED LIVE CHAT SESSIONS #COVID19UK

Are you concerned for someone you know?

Are you afraid of your partner and worried about self-isolation?

Live Chat
 3 pm - 6 pm
 Monday - Friday
idas.org.uk

IDAS

Emotional Wellbeing – Keeping in touch with others

I am sure many of you including your children are missing the typical levels of social interaction we usually enjoy in our everyday lives. We are lucky that modern technology allows us to connect and interact with each other while maintaining social distancing.

It has been lovely to hear that children and families are keeping in touch in different creative ways using different technologies including social media.

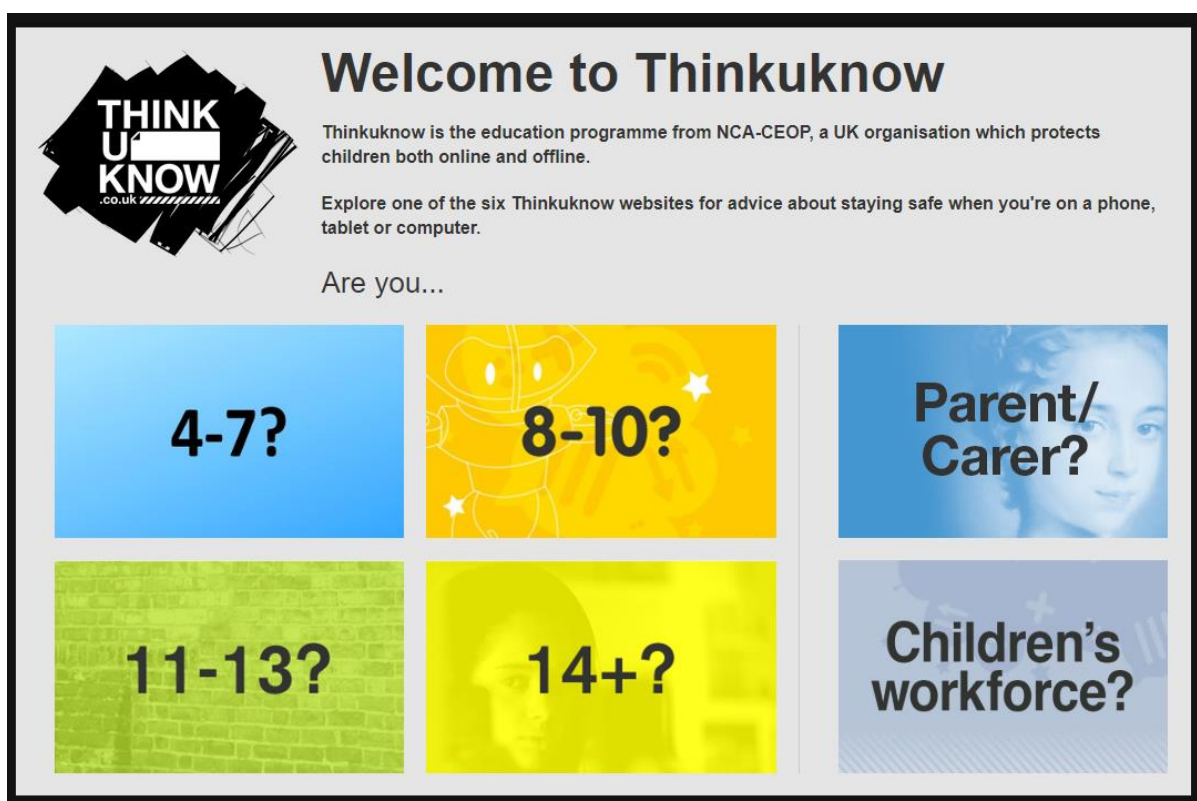
While it is important children continue to connect and interact with their peers and friends during this time we highly recommend that children's use of social media and connective technologies is closely supported by parents.

By this we mean

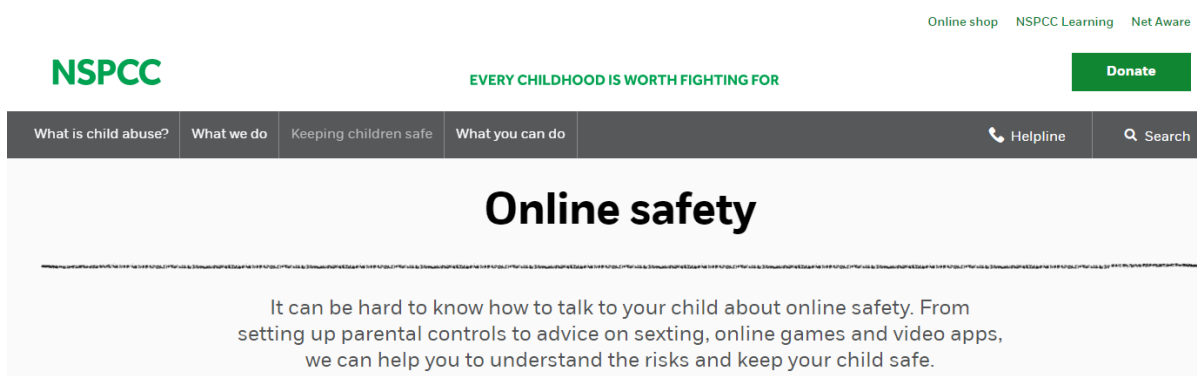
- Set agreed limits in terms of times (when and for how long)
- Ensure parents are aware of which technologies children are using including what the app allows children to do and how secure it is
- Supervise children (children should make use of these apps and technologies in shared family space with adults around).
- Remind children to speak kindly and respectfully to and about others
- Talk to your children about the importance of telling a trusted adult if they see or hear anything that worries, upsets or concerns them
- Balance social media use with letter writing and other forms of communication

There are many sources of support and guidance that can help parents. Links to two of these are included below.

<https://www.thinkuknow.co.uk/>



<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>



Essential Critical Workers

It is very clear from all the guidance that everyone who can stay at home should do so,



This has been further reinforced by Stuart Carlton Director of Children and Young Peoples Services in North Yorkshire who stated;

1. **If it is at all possible for children to be at home, then they should be.**
2. **Keyworkers must only send children to school when they are actually on rota working for the employer, not at other times.**
3. **Keyworkers should not send them to school if their partner, or similar, is able to look after them.**
4. **There is an expectation that if keyworkers are working from home the default should be to keep children there, rather than send them to school.**

As more companies scale back operations and allow staff to work from home we ask that particular attention is given to the third point made above.

Overall It would seem this key message is being understood and acted upon and for that we are incredibly grateful. In anticipation of your continued support of this I thank you.

To help us manage our care provision in school we are asking parents to support us by;

1. Emailing us by 1.00pm each day to inform us that they have no other choice but to use the provision the following day. This will help hugely with only bringing in necessary numbers of staff.
2. Collect children when you are able during the day when shifts finish.

Once again, thank you for your understanding in this very difficult situation. We must do everything we can as a community to help each other and keep us safe from harm.

Easter holiday provision for key workers

We are pleased to say that thanks to the kind offers of support from our small but dedicated team we are able to offer care provision at Spofforth School during the Easter holidays. This has been arranged based on the needs communicated to us by parents. On the basis of the information we have been given we will be open for each week day of the Easter holidays with the exception of the two bank holidays (Good Friday 10th April and Easter Monday 13th April) when school will be closed.

And finally...

Thank you again. Your patience, understanding and support have been amazing and we are very grateful for the kindness shown as we navigate this incredibly challenging situation.

I really hope that you and your families manage to stay healthy.

Very best wishes.

Yours sincerely

Mr Paul Griffiths