



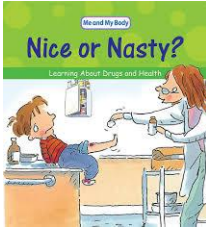
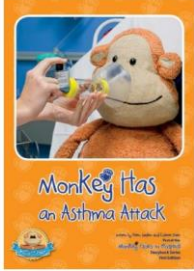
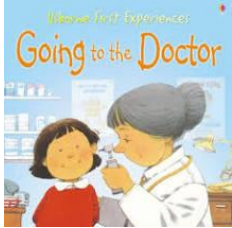
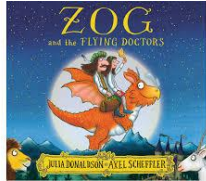










Vocabulary Check		Fact Check.	I think I know that.....
<b>Medicine</b>		1. What can help keep you healthy?	 
<b>Absorb</b>			
<b>Tablet</b>		2. What should you do if you feel unwell?	
<b>Injection</b>			
<b>Doctor</b>		3. Who can give out medicine?	
<b>Pharmacist</b>			
<b>Asthma</b>		4. Where should medicines be kept?	 

# PSHE – Drug, alcohol and tobacco education –Year 1 & 2

## What do we put into and on to bodies? Medicines and me.

Specific Vocabulary & definitions (meanings)		Facts to know by the end of the sequence	Reading / Links	
<b>Medicine</b>	A substance used for treating an illness.	<ol style="list-style-type: none"> <li>1. Substances that go into bodies can make people feel good or not so good</li> <li>2. Some substances can be absorbed through the skin</li> <li>3. medicines are to help people stay healthy, get well or feel better if they are ill</li> <li>4. Medicines come in different forms e.g tablets (solids) or medicine in a bottle Liquid which can be swallowed or rubbed on skin or sometime given in an injection.</li> <li>5. Each medicine has a specific use.</li> <li>6. medicines can be prescribed by a doctor or bought from a shop or pharmacy.</li> <li>7. There are alternatives to taking medicines, and these might be helpful.</li> <li>8. Medicines comes with instructions to ensure they are used safely.</li> <li>9. Medicines can be harmful if not taken correctly.</li> <li>10. Asthma is a lung condition the causes breathlessness it can make it harder for people to live a typical day to day.</li> <li>11. Asthma can be treated with the right types of medicine.</li> </ol>	     <p><a href="https://www.asthma.org.uk/">https://www.asthma.org.uk/</a></p>	
<b>Tablet</b>	A small usually flat solid medicine.  			
<b>Injection</b> 	Pushing medicine into the body using a syringe.			
<b>Doctor</b>	A person trained to given medical treatment and medicines.			
<b>Pharmacist</b>	A person trained to give our medicines.			
<b>Absorb</b>	Soak into. Sun cream is absorbed into the skin.			
<b>Asthma</b>	A condition of the lungs that makes swollen and narrow. This causes coughing, wheezing and breathlessness.			
<b>In a medical emergency;</b> <p>Find a trusted adult like a teacher or parent.</p>  <p>Call 999 and ask for an ambulance.</p> 				
<p><b>At the end of the topic I can:</b></p> <ul style="list-style-type: none"> <li>• Ask for help if they are unsure whether something should go into the body</li> <li>• identify whether a substance might be harmful to take in</li> <li>• Can state some basic safety rules for things that go into the body</li> <li>• Describe some of the ways to safely store medicines</li> <li>• Describe some of basic symptoms of asthma attack.</li> </ul>				



### Vocabulary Check

### Fact Check

### Quiz Time

**Medicine**

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1. What can help keep you healthy?



Why / when might someone use an inhaler like this?

**Absorb**

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2. What should you do if you feel unwell?

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**Tablet**

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3. Who can give out medicine?

Why do medicines have instructions?



**Injection**

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4. Where should medicines be kept?

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**Doctor**

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**Pharmacist**

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**Asthma**

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What would you do if you found some tablets on the playground?

